

## Canoe Marathon competition open division

| Gender            | Event             |       | Grade        | Age Categories                          |                             |
|-------------------|-------------------|-------|--------------|---|-----------------------------|
| Men               | K1                | 21km  | Competitive  | 30+,35+,40+                             |                             |
|                   | K1                | 18km  | Competitive  | 45+,50+                                 |                             |
|                   | K1                | 12km  | Competitive  | 55+,60+                                 |                             |
|                   | K1                | 9km   | Competitive  | 65+,70+,75+                             |                             |
|                   | K1                | 3.4km | Competitive  | 30+,35+,40+,45+,50+,55+,60+,65+,70+,75+ |                             |
|                   | K1 (Multi)        | 6km   | Recreational | 30+,35+,40+,45+,50+,55+,60+,65+,70+,75+ |                             |
|                   | K1 (Ocean Racing) | 21km  | Competitive  | 30+,35+                                 |                             |
|                   | K1 (Ocean Racing) | 18km  | Competitive  | 40+,45+                                 |                             |
|                   | K1 (Ocean Racing) | 12km  | Competitive  | 50+,55+,60+                             |                             |
|                   | K1 (Ocean Racing) | 6km   | Competitive  | 65+,70+,75+                             |                             |
|                   | C1                | 21km  | Competitive  | 30+,35+,40+                             |                             |
|                   | C1                | 18km  | Competitive  | 45+,50+                                 |                             |
|                   | C1                | 12km  | Competitive  | 55+,60+                                 |                             |
|                   | C1                | 9km   | Competitive  | 65+,70+,75+                             |                             |
|                   | C1                | 3.4km | Competitive  | 30+,35+,40+,45+,50+,55+,60+,65+,70+,75+ |                             |
|                   | C1 (Multi)        | 6km   | Recreational | 30+,35+,40+,45+,50+,55+,60+,65+,70+,75+ |                             |
|                   | K2                | 12km  | —            | 30+,35+,40+,45+,50+,55+,60+             |                             |
|                   | K2                | 9km   | —            | 65+,70+,75+                             |                             |
|                   | K2                | 3.4km | —            | 30+,35+,40+,45+,50+,55+,60+,65+,70+,75+ |                             |
|                   | C2                | 12km  | —            | 30+,35+,40+,45+,50+,55+,60+             |                             |
|                   | C2                | 9km   | —            | 65+,70+,75+                             |                             |
|                   | C2                | 3.4km | —            | 30+,35+,40+,45+,50+,55+,60+,65+,70+,75+ |                             |
|                   | Women             | K1    | 21km         | Competitive                             | 30+,35+,40+                 |
|                   |                   | K1    | 18km         | Competitive                             | 45+,50+                     |
| K1                |                   | 12km  | Competitive  | 55+,60+                                 |                             |
| K1                |                   | 9km   | Competitive  | 65+,70+,75+                             |                             |
| K1                |                   | 3.4km | Competitive  | 30+,35+,40+,45+,50+,55+,60+,65+,70+,75+ |                             |
| K1 (Multi)        |                   | 6km   | Recreational | 30+,35+,40+,45+,50+,55+,60+,65+,70+,75+ |                             |
| K1 (Ocean Racing) |                   | 21km  | Competitive  | 30+,35+                                 |                             |
| K1 (Ocean Racing) |                   | 18km  | Competitive  | 40+,45+                                 |                             |
| K1 (Ocean Racing) |                   | 12km  | Competitive  | 50+,55+,60+                             |                             |
| K1 (Ocean Racing) |                   | 6km   | Competitive  | 65+,70+,75+                             |                             |
| C1                |                   | 21km  | Competitive  | 30+,35+,40+                             |                             |
| C1                |                   | 18km  | Competitive  | 45+,50+                                 |                             |
| C1                |                   | 12km  | Competitive  | 55+,60+                                 |                             |
| C1                |                   | 9km   | Competitive  | 65+,70+,75+                             |                             |
| C1                |                   | 3.4km | Competitive  | 30+,35+,40+,45+,50+,55+,60+,65+,70+,75+ |                             |
| C1 (Multi)        |                   | 6km   | Recreational | 30+,35+,40+,45+,50+,55+,60+,65+,70+,75+ |                             |
| K2                |                   | 12km  | —            | 30+,35+,40+,45+,50+,55+,60+             |                             |
| K2                |                   | 9km   | —            | 65+,70+,75+                             |                             |
| K2                |                   | 3.4km | —            | 30+,35+,40+,45+,50+,55+,60+,65+,70+,75+ |                             |
| C2                |                   | 12km  | —            | 30+,35+,40+,45+,50+,55+,60+             |                             |
| C2                |                   | 9km   | —            | 65+,70+,75+                             |                             |
| C2                |                   | 3.4km | —            | 30+,35+,40+,45+,50+,55+,60+,65+,70+,75+ |                             |
| Mixed             |                   | K2    | 12km         | —                                       | 30+,35+,40+,45+,50+,55+,60+ |
|                   |                   | K2    | 9km          | —                                       | 65+,70+,75+                 |
|                   | K2                | 3.4km | —            | 30+,35+,40+,45+,50+,55+,60+,65+,70+,75+ |                             |
|                   | C2                | 12km  | —            | 30+,35+,40+,45+,50+,55+,60+             |                             |
|                   | C2                | 9km   | —            | 65+,70+,75+                             |                             |
|                   | C2                | 3.4km | —            | 30+,35+,40+,45+,50+,55+,60+,65+,70+,75+ |                             |

## Para-sport division

| Gender | Event     |     | Grade | Age Categories |
|--------|-----------|-----|-------|----------------|
| Men    | KL (Para) | 6km | —     | 30+            |
| Women  | KL (Para) | 6km | —     | 30+            |